

PLAYER SELECTION RESOURCE GUIDE

OBJECTIVES OF PLAYER EVALUATION

- To provide a fair and impartial assessment of a player's hockey skills during the skating and scrimmage sessions.
- To ensure that players have a reasonable opportunity of being selected to a team appropriate to their skill levels as determined during the on-ice evaluations of the <u>CURRENT YEAR</u>.
- To provide uniformity and consistency in the evaluation process such that a player and parent expectations are consistent from year to year as players move through the various levels of the association's programs.
- To form teams to maintain balanced and competitive play where the athletes can develop and participate equitably and have fun playing hockey during the season.

QUESTIONS ON PLAYER EVALUATION

As an association you need to be prepared to answer the following questions to players, parents, ice officials, evaluators and other administrators. All of the information below should be public knowledge - this sets the tone for the evaluations and increases the transparent nature of the process.

I. When are the player evaluation sessions?

The evaluation sessions will be communicated out to families of each of the players that will be trying out.

II. How many evaluation sessions will there be?

Every player is guaranteed to have 2 ice sessions before there is a chance that they will be released to the next set of try outs below them.

III. What is being evaluated?

Players are going to be evaluated on 3 things – Skating, Fundamentals (shooting, passing & stick handling) and game play.

IV. Who will do the evaluations?

There are 3 key groups involved in the evaluations:

- On-ice coaches to take players through the session
- Off-ice evaluators who will be responsible to evaluate every player on the ice during the time allotted. There may be on-ice evaluators depending on the particular community situation.
- Off-ice Division Directors who will be responsible for tracking evaluations, contacting parents and players and scheduling sessions.

V. How are the players notified of their standing within the process?

Players will be informed by the Division Directors who are responsible for tracking evaluations, contacting parents and players and scheduling sessions.

VI. Will the player be evaluated in a skill and game environment?

In order to give each and every player a fair opportunity to exhibit the range of skills that they possess they will be evaluated in a game and skill environment. At the younger age levels a greater emphasis will be placed on the evaluation of skills - as the players get older the game or scrimmage sessions will have a greater overall impact on the player's placement within the minor hockey program.

VII. What happens after the evaluation sessions?

Upon the completion of evaluations players will be contacted by their team. They will outline:

- Practice schedule
- Game schedule
- Introduction of coaches
- Setting of first meeting with parents and players

PLAYER SELECTION CRITERIA

SKATING

<u>Skating</u> Acceleration, speed, mobility, agility, balance, stride, crossovers, pivots, acceleration out of turns, quick feet, controlled skating, change of pace.

- Can the players perform the basic forward and backward stride?
- Are the players knees well bent with the back slightly forward and the head up, or is the player hunched over, bending at the waist with little knee bend?
- Good skaters will use long strides with a complete recovery of the stride leg before striding with the other leg. Their strides will look very smooth and appear not to require much effort to move around the ice?
- Does the player look smooth when they skate or do they appear off balance?
- Can the player turn in both directions with little trouble or do they struggle to turn in one or both directions?
- Can the player stop in both directions? Younger players will often have trouble stopping in one direction?
- Can the player keep up with the play or do they struggle to stay with the other players on the ice?

FUNDAMENTALS

<u>Passing</u> Passing, receiving, passing choices, on backhand, unselfish with the puck, presents a good target, receives and retains with control, touch passing.

- Can the player pass the puck to its intended target with minimal effort?
- Can the player make an accurate pass to a moving target?
- Can the player receive a pass on their backhand or do they tend to shift their body to receive the pass on the forehand?
- Can the player pass the puck off of the backhand with some speed and accuracy?
- Does the player call for the puck vs. banging their stick on the ice or saying nothing at all?
- Does the player passing the puck make eye contact with the intended receiver or do they just pass the puck blindly?
- Can the player execute a saucer pass over sticks and other obstacles?
- Can the player pass the puck off of the boards to another player?

Puck Skills Head ups, smooth and quiet, good hands, protection, in small spaces, in traffic.

- Does the player have the basic skills to execute a forehand pass?
- When the player passes the puck do they slap at it or is the motion smooth with the player following through to the intended target?
- Does the player appear to be comfortable handling the puck while skating or do they appear to fight the puck and have trouble skating with some speed while handling it?
- Can the player keep his/her head up while carrying the puck?
- Can they execute dekes and fakes with the puck?
- Can't they stop quickly or change directions while handling the puck?
- Can the player continue to handle the puck while in traffic and under pressure?
- Does the player get pushed or checked off the puck easily?

<u>Shooting</u> Power, accuracy, quick release, can shoot in motion, goal scorer, rebound control, variety of shots.

- Can the player execute the technique of a wrist shot and backhand?
- Does the player follow through to the target on all shots?
- Can the player raise the puck?
- Is the puck shot with some velocity?
- Does the puck sit flat in the air or does it wobble?
- Can the player execute a one-time shot?
- Is the player accurate when shooting?

GAME PLAY

<u>Positional Play</u> Ability to see the play developing both offensively and defensively and moves to support, judgment, anticipation, understands systems, disciplined.

- Does the player seem to understand where he/she are to play on the ice?
- Do they support the puck in defensive and offensive situations?
- Does the player show patience, or do they tend to panic when pressured?
- Do they protect the mid lane and force opposing players inside out?
- Can the player angle another player off of the puck?
- Does the player force the play or do they wait too long?

<u>Checking Concept</u> of angling, good body position with balance and control, defensive side position, aggressive checker, strength, taking checks.

- Can the player execute basic stick and body checks?
- Does the player check properly with their hands down or do they get their arms up to give a check?
- Can the player receive a check properly, not turning their back and staying close to the boards?
- Can the player check and opposing player and pin them on the boards?
- Does the player shy away from other players?

PLAYER SELECTION CRITERIA EVALUATOR CUE CARD

Skating – speed, quickness, technique

<u>SKATING</u>

- Forward and Backward
 Turn both directions
- I urn both directions
 Oten beth directions
- Stop both directions
- Are they in a good position for stability and strength

Passing - technique, control, vision

- Forehand and Backhand
- To moving and stationary target
- Vision do they take a look and select best option
- Advanced board passes, chips, saucer passes

Puck Skills - technique, open ice, confined space

• Open carry with speed

FUNDAMENTALS

Can they handle the puck in traffic and tight space

Execute dekes and fakes on the 1 on 1

Ability to maintain control while being checked

Shooting - technique, accuracy, velocity

- Forehand and backhand
- Wrist shot, snap shot, slap shot
- Velocity
- Accuracy
- Shot Selection do they select the best shot for the opportunity?

Game Understanding – Principles of Offence and Defense

GAME PLAY

- Player supports the puck on the defensive and offensive side of puck
- Player communicates with teammates

Player understands positional play

Player has the ability to read and react.

Skating Movements

- Speed
- Quickness/Powerful Strides
- Pivots
- Control
- Lateral Movement
- Knee Bend

Positioning

- Square to shots
- Set for shots
- Maximizes net coverage in all areas

Puck Tracking & Control

- Can catch pucks
- Gets stick on shots
- Tracks pucks off body into rebounds
- Knows where puck is
- Sees pucks through traffic

Goaltender Sense

- Athletic ability
- Positioning & movement
- Mental Toughness
- Stops pucks

Battle & Compete Level

- Battles for pucks
- Covers pucks
- Mentally prepared
- Body language

- Edgework
- Agility
- Mobility/Balance
- Down Movement
- Good Stance
- Smoothness/Coordination
- Makes good decisions on whether to be on feet or down
- Can control rebounds in chest
- Tracks pucks into body/hands
- Finds rebounds immediately
- Effectively follows passes
- Visual lead before movement
- Communicates
- Coachability
- Skills evident
- Style/Size
- Scrambles to make saves when necessary
- Set for shots